

## *Supplementary Material*

### **Smartphone-based psychotherapeutic micro-interventions to improve mood in a real-world setting**

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**Supplementary Material Table 1. Information on mobile devices, operating systems (OS), and Internet browsers used for micro-intervention participation<sup>1</sup> (N=27).**

Variable	Category	<i>n</i> (%) <sup>2</sup>
Smartphone type	Samsung <sup>3</sup>	15 (55.56%)
	iPhone <sup>4</sup>	6 (22.22%)
	LG <sup>5</sup>	3 (11.11%)
	Nexus 7	1 (3.70%)
	SKY <sup>6</sup>	2 (7.40%)
OS	Android <sup>7</sup>	21 (77.78%)
	iOS <sup>8</sup>	6 (22.22%)
Internet browser	Chrome <sup>9</sup>	19 (70.37%)
	Android browser	5 (18.52%)
	Safari 6	3 (11.11%)

<sup>1</sup>In case subjects used different smartphone types, OS, or Internet browsers across micro-intervention session days, we report information on the most common used combination of the three characteristics.

<sup>2</sup>Percentages may not total 100 due to rounding

<sup>3</sup>The following models were used: Samsung Galaxy S2 (SHW-M2505, SHW-M250K, SHV-E110S), Samsung Galaxy S3 (SHV-E210K, SHV-E210S, SHV-210L), Samsung Galaxy Note (SHV-E160K, SHV-E160L), and Samsung Galaxy Note 2 (SHV-E250K, SHV-E250L)

<sup>4</sup>No detailed information regarding iPhone models available

<sup>5</sup>The following models were used: LG-F220K Optimus GK and LG-F160K Optimus

<sup>6</sup>The following models were used: SKY Vega (IM-A8105) and SKY Vega Racer (IM-A770K)

<sup>7</sup>The following OS versions were used: Android 2.3.6, Android 4.0.4, Android 4.1.1, and Android 4.1.2

<sup>8</sup>The following OS versions were used: iOS 6 and iOS 7

<sup>9</sup>The following browser versions were used: Chrome 18, Chrome 28, Chrome 29, and Chrome 30